

Arizona Youth Partnership WAKE UP! Program

Welcome to the Wake UP! Program. Please take your time to read and complete the forms in this packet.



Arizona Youth Partnership

Wake Up! Program

Arizona Youth Partnership

www.azyp.org

520.744.9595

Important Session Information

Session I – Orientation, Alcohol and Drug Education and Prevention

First Saturday of the month 8:30 am-2:30 pm

Tucson City Council Ward 6 3202 E. First Street Tucson, AZ 85716

Please arrive 10 minutes early. A fee will be applied for missed sessions.

The program fee must be paid at the beginning of Session I. No personal checks will be accepted.
Please bring cash or money order made out to Arizona Youth Partnership.

Please bring the following signed forms:

- Community Service Form
- Youth Confidentiality Statement for Banner University tour
- Youth Agreement Checklist

Session II – Banner University Medical Center BUMC

This session is scheduled for a Thursday or Friday evening/night from 8:00 pm - 9:30 pm or from 9:45 pm to 11:30 pm.

1625 N. Campbell Avenue Tucson, AZ 85719

A \$15 fee will be applied for missed sessions.

This session will take place at Banner University Medical Center. Participants are responsible for arranging their own transportation to and from all sessions.

To complete program:

Participants' must complete sessions I and II and turn in their 500 word essay and 10 hours of community service by their assigned due date.

For more information please contact:

Office – 520.744.9595 ext 105 or 111 Monday – Friday 8:00 am - 4:30 pm

Email: christine@azyp.org or dominique@azyp.org

The WAKE UP!™ Program

The WAKE UP!™ Program is an 8 hour, three sessions, alcohol and drug education program that targets young offenders who have committed an alcohol or drug offense. The purpose is to impact the belief system of the youth, so that they do not repeat this or related offenses. **The WAKE UP!™ Program** is designed to address behaviors and attitudes towards drugs and alcohol. Youth are exposed to “real life” consequences of impaired decision making. It is not a “scared straight” approach. Scared straight programs have not been shown to be effective in changing behavior. **The WAKE UP!™ Program** has been proven effective and has an 8% recidivism rate. Youth can be referred by Adult and Juvenile Court systems, family members, independent counselors or their school. Upon completion, both the youth and the referral source will receive a copy of the certificate of completion, participant essay and counselor in-take form.

Session I – Orientation, Medical Examiner’s Slides, Choices and Consequences – 6 hours

In a group setting, youth will introduce themselves, explain what brought them to **WAKE UP!™** and schedule their hospital tour session. Session I includes slideshow presentations and discussions of the consequences people experience when their judgment is affected while under the influence of drugs or alcohol. This session is designed to show “real life” consequences of impaired decision making. The group will discuss the physiological and physical impacts of alcohol and drugs, identify decision making processes people use when under the influence, and learn how to use refusal skills. A guest speaker shares their personal story and the participants can ask them questions. Other slides show unintentional injuries, specifically motor vehicle traffic accidents, which continue to be the leading cause of death for youth between the ages of 16 and 25. During discussions with youth, many have shared their belief of driving better under the influence because they are paying more attention to watch for police and follow driving standards. The slides, depicting actual cases from the Medical Examiner’s office, clearly demonstrate that response time is slowed, and that death is a very real outcome that challenges the myth that driving skills are improved. At the end of this session, we schedule hospital tour sessions and go over community service and essay guidelines.

Session II – Banner University Medical Center, Level I Trauma Center Visit – 2 hours

Youth are individually assigned to a visit at Banner University Medical Center’s Level 1 Trauma Center, Emergency Department, and Intensive Care Unit. The youth are paired with a Counselor who has been trained by Arizona Youth Partnership. The counselor is with the youth the entire time. Most Trauma Center injuries and deaths are alcohol and/or drug related. Many survivors transfer to Intensive Care Units for follow up treatments. In this session, youth will observe incoming traumas and learn how medical personnel deal with such life and death episodes. Youth will see the real-life consequences of the poor decisions people make while under the influence and how those decisions impact others. Confidentiality and waiver forms are signed protecting the hospital and the Wake Up! Program. The youth learn how a Trauma Center operates, where calls come in, and the difference between the Emergency Room and trauma procedures. Youth also have the opportunity to spend time in a wheelchair navigating around the hospital.

Our Partners : Pima County Juvenile Court, Banner University Medical Center and Medical Examiner’s Office.



For more information please contact, Christine Barry 520.744.9595 ext 105 or Dominique Cruz ext 111

Program Fee and Community Service

The fee for the **WAKE UP!™ Program** is **\$55.00**
This includes ten (10) hours of community service.

The fee for attending Wake Up! is based on a sliding scale in conjunction with community service hours.

Program Fees	# of Community Service Hours.
\$55.00	10 hours
\$85.00	5 hours
\$105.00	0 hours

Please bring your program fee to Session I, Register and pay online at <https://azyp.org/wakeupregistration/> or contact Christine Barry or Dominique Cruz to make payment arrangements: 520.744.9595 ext 105 or ext 111.

NO PERSONAL CHECKS WILL BE ACCEPTED.

Paid registration fees are non-refundable
Cash or Money Order made out to: Arizona Youth Partnership

Program Essay Guidelines

As part of the WAKE-UP! Program you are to write a 500-word essay (*it must be typed, spell checked, and contain proper grammar*). This essay is to reflect your feelings, attitudes, and beliefs about the combination of alcohol/drug use on your decision-making abilities.

Heading Must Include:

- **Name (first and last)**
- **Date you attended Session I**
- **Date and time you attended Session II**
- **Your JC or court number**

*** Essays will not be accepted without this information.**

Please answer the following questions:

- 1) Before you started this program what were some of your thoughts and beliefs about your own personal use of alcohol/drugs and the decisions you made under the influence? Discuss if and/or how your perceptions changed during this program?**
- 2) Talk about your experience with the Medical Examiner slides. What specific things do you remember about the slide presentation? Were you able to identify with any of the circumstances or examples that were presented? How did the slides bring to life some of the things you may have been thinking? What did you hear or learn that was new to you?**
- 3) Describe your experience at Banner University Medical Center. How did this affect you emotionally and mentally? How did any part of this experience reshape some of your attitudes, beliefs, and thoughts about drinking/using drugs and driving?**
- 4) As you look back on the circumstances which brought you to the WAKE-UP! Program, how might you now make some different choices? What alternatives or options might you have taken instead of the ones you chose? How realistic are those choices? Thinking ahead to real situations that you might experience in the future; how would you plan ahead to make wiser choices?**
- 5) Where did you complete your ten hours of community service? What type of activities did you do? Did you enjoy them? Do you think it's beneficial for community members to volunteer in their communities? Do you plan on volunteering in the future, why or why not? Would you recommend volunteering, in general, to your friends?**
- 6) What would you say to another person (friend/youth/family) about your experience in WAKE-UP! Program? If you had a friend who "got caught" or had a problem with drugs/alcohol would you recommend this program to him/her? And why?**

Please note: An essay must be submitted to complete the program.

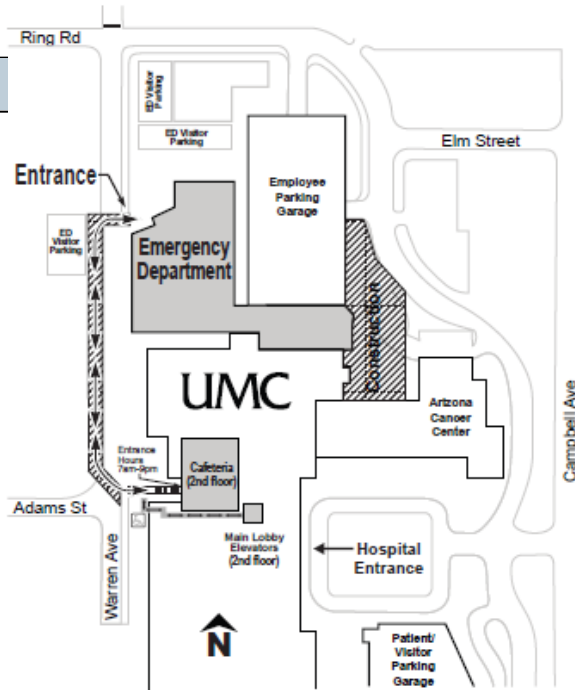
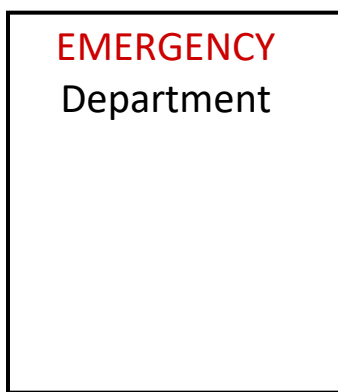
Essay and community service log needs to be submitted to dominique@azyp.org

Information for Session II

Session II

Banner University Medical Center –Adult & Childrens Emergency Room 1625 N. Campbell Avenue

DATE _____ DAY _____ TIME _____



Please wait for the WakeUp! Program Counselor outside the Adult & Childrens Emergency Room entrance by the blue bench. Please remember to follow the dress code.

WAKE UP!™ Program Session I Dress Code

The following dress code applies to all Wake-Up! Program participants.

The dress code is put in place to uphold an appropriate and professional appearance.

- 1) No PAJAMAS
- 2) Jeans are acceptable as long as they are not noticeably ripped or too baggy
- 3) Shorts are acceptable as long as they are not noticeably ripped or too baggy
- 4) No short or revealing skirts, dresses or shorts. Shorts must have a minimum of 2” inseam.
- 5) No low cut or tops that reveal cleavage or midriffs.
- 6) No gang identification: colors, bandanas, etc.
- 7) If you wear a shirt with a logo or print, it must be appropriate. (No drug or alcohol related images).

Banner University Medical Center (BUMC) Dress Code

The following dress code applies to both counselors and participants.

The dress code is put in place for the following reasons:

To comply with hospital dress code policies for their volunteers.

To uphold an appropriate professional appearance.

- 1) Wear the name badge provided.
- 2) Long pants – Dark or Black jeans are acceptable with **NO HOLES**. Khaki, corduroy, or dress pants are preferred.
- 3) A plain colored short or long-sleeved shirt, nice button up shirt or blouse with **no graphics or writing**.
- 3) No shorts or work out attire- Sweat pants/joggers/track pants.
- 4) No scrubs.
- 5) No dresses or skirts. You must wear pants. ***Your legs must be covered!***
- 7) No low cut or tops that reveal cleavage or midriffs.
- 8) No tank tops.
- 9) No gang identification items: colors, bandanas, etc.
- 10) No ball caps/Hats.
- 11) Wear comfortable, closed toed shoes only. **NO SANDALS OR FLIP FLOPS.**
- 12) No chains (Ex: chain wallets).

Other useful information:

- Please only bring what you need on the tour and what can be carried. There will not be a place to store these items while you are on the tour.
- Smoking anywhere around BUMC is prohibited.
- No gum chewing is allowed while on the BUMC tour.

THIS DRESS CODE IS STRICTLY ENFORCED.

Participants failing to comply will be asked to leave and reschedule. If you are unsure about an article of clothing, please ask or choose to wear something else. Better safe than sorry!

Arizona Youth Partnership - WAKE UP!™ Program Community Service Form

You are required to complete ten (10) hours of community service for the Wake-Up! Program. These hours **cannot** be shared with any hours mandated by Juvenile Courts or your probation officer and **cannot** be completed prior to your program start date. Your hours must be tracked on the timecard provided by Arizona Youth Partnership. **Community service done prior to the start of the program will not be accepted unless prior arrangements have been made with the program coordinator.**

Community service hours are to be completed by due date and turned in during session II or emailed with essay.

Please keep track of your service hours since you are solely responsible for them. All hours worked must have a supervisor's signature.

Name _____

Program Start Date _____

I am required to complete 10 hours of community service.

Youth Signature _____

Parent/Guardian Signature _____

You cannot complete the Wake Up! Program without completing community service unless authorized by Program Coordinator.



Banner University Medical Center/Wake Up Session Youth Confidentiality Statement

I, _____ a Participant of the Arizona Youth Partnership's WAKE UP!™ Program, desire to observe emergency and intensive care provided to patients at Banner University Medical Center (BUMC). In that regard, I hereby recognize that medical records, patient care information, personnel information, reports to regulatory agencies, conversations between or among any healthcare professionals are considered privileged and should be treated with utmost confidentiality.

If it is determined that a breach of confidentiality has occurred as a result of my actions, I can be liable for damages that result from such a breach.

_____ Date _____
Participant Signature

If participant is a minor:

_____ Date _____
Parent/Guardian Signature

Youth Waiver of Liability

In consideration of the educational opportunity afforded to me by BUMC/Wake Up session, I hereby waive any claim for damages against BUMC and the Wake Up program, its employees, and/or agents, alleged to have resulted from any acts or omissions of BUMC, its employees and/or agents.

I acknowledge that I/my child may be exposed to graphic situations involving serious medical injuries or problems that may be treated in the emergency department at BUMC and Wake Up program. In consideration of the educational opportunity afforded to me by BUMC/Wake Up program, I waive any claim against BUMC and Wake Up program, its employees, professional staff or agents.

_____ Date _____
Participant Signature

If participant is a minor:

_____ Date _____
Parent/Guardian

Youth Agreement Checklist

- Do not attend any session while under the influence of drugs or alcohol. This and any undesirable/inappropriate behavior will result in dismissal from the program and an additional **\$15.00 fee** will be charged.
- When attending Session II at Banner University Arizona Medical Center, you must follow the dress code (outlined on page 7). Failure to dress accordingly will result in a reschedule of Session II and a **\$15.00 fee** will be charged.
- Failure to complete your 10 hours of Community Service by due date with submission of your completed Arizona Youth Partnership Community Service Timecard, will result in an incomplete program report to your probation officer or referral source. **No late community service will be accepted.**
- Failure to complete 500-word essay by due date will result in a failure of program completion. **Participants must turn in an essay to complete the program.**
- Cell phones are NOT allowed during session I and II. During Session II, all cell phones MUST be turned off per hospital regulations.
- While attending Session II, comply with all rules, regulations, dress code, and policies of the hospital during your visit.
- During Session II, take direction from hospital's authorized personnel in all matters relating to or affecting patient care.
- Respect the confidentiality of all patient/client information obtained while participating in the program.
- As a participant of the Wake-Up! Program I give permission to be contacted the following year to track recidivism rates for program evaluation.

I have read, understand, and agree with the above statements.

_____ Date _____
Participant Signature